

who are we?

Solas-Cymru provides a wide range of services to anyone experiencing issues that impact upon their life. We offer accommodation; specialist support; quality advice; training; employment and education, personal to the individual.

We aim to help people get to where they want to be in life.



For further information about solas please visit our website:
www.solas-cymru.co.uk



how do I access the scheme?

All referrals are made via the Housing Options Team:

One Stop Shops in Abergavenny and Chepstow
Email: onestopshop@monmouthshire.gov.uk
Tel: 01291 637418

For further information about the schemes please contact:

Woodstock House
Radstock Court
Regent Street
Abergavenny
NP7 5BP
Tel: 01873 737952

Hill House
Mount Pleasant
Harwick Avenue
Chepstow
NP16 5BP
Tel: 01291 637418



Woodstock House & Hill House

Housing and Support
for Young People

what are Woodstock House & Hill House?

Woodstock House and Hill House provide supported housing accommodation for young people in Abergavenny and Chepstow.

what support do we provide?

Our support workers will offer you support which might include:

- A resettlement package - helping you move into the community
- Preparation for independence
- Building confidence and self esteem
- Budgeting, benefits and money advice
- Setting up and organising your daily routine
- Dealing with relationships
- Support to attend meetings
- Individual and group activities
- Help and advice on education, training and employment
- Support to link in with other agencies

what else can you expect from living here?

Compass:

Access to in-house education, training and volunteering. Gain employment skills or move on to other opportunities.

H2H reward scheme:

Attend scheme activities and workshops to score points towards rewards.

Workshops include:

Safer relationships, neighbour issues, sexual health, drug and alcohol awareness, budgeting and money management.

Rewards include:

Bowling, quad biking, sailing, Alton Towers trip, Go Ape, horse riding and much more.

Have a voice:

Get involved in running Woodstock House, Hill House and Solas. You may want to join the residents board or help write a newsletter?

amazing experiences

Enjoy a Sailing Adventure

With the Cirdan Trust - take a voyage of discovery, with visits to France, Channel Islands and around the South Coast of England.

Duke of Edinburgh Award

You could find yourself helping people or the community, getting fitter, developing skills, joining an expedition or taking part in a residential activity.

Training & Work Placements

Bron Afon Housing have provided opportunities such as: groundwork, painting and decorating, care services.

