

Who are we?

Solas provides a wide range of services to anyone experiencing issues that impact upon their life. We offer accommodation, specialist support, quality advice, training, employment and education which are personal to the individual.

We aim to help people get to where they want to be in life.



solas



How do I access the scheme?

All referrals are made via Newport City Homeless Team, Information Station:

01633 656656

For further information about Clifton Place please contact us:

01633 253515

01633 212243

01633 212753

3 Clifton Place
Newport
NP20 4EX

For further information about Solas please visit our website:

www.solas-cymru.co.uk



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Clifton Place
Housing and Support

What is Clifton Place?

Supported housing for 29 people aged 16 and over. Clifton Place provides short term accommodation for people who are in priority need in Newport.

What support do we provide?

A project worker will offer you the support that you need. This might include:

- A resettlement package - helping you move into the community
- Positive changes to drug and alcohol use
- Support with mental health challenges
- Building confidence and self esteem
- Budgeting, benefits and money advice
- Setting up and organising your daily routine
- Dealing with relationships
- Support to attend meetings
- Individual and group activities
- Help and advice on education, training and employment
- Support to link in with other agencies

What else can you expect from living at Clifton Place?

Cre8

Access to in-house education, training and volunteering. Gain employment skills or move on to other opportunities.

Psychology service

Headed by Dr Rick Budd who has over 20 years experience.

- Recovery based model
- Integrated approach with mental health services

Workshops include

Safer relationships, drug and alcohol awareness, budgeting, and money management.

Rewards include

Bowling, Monkey World, St Fagans, go carting and lots more.

Have a voice

Get involved in running Clifton Place and Solas. Maybe you would like to join the residents board or write a newsletter?

What support do we provide?

Street Football Wales

A chance to play and train with professional coaches as part of the Solas Dragons Team. You may even get to the Homeless World Cup!

Catering & IT

A variety of courses with recognised qualifications.

Photography exhibition

Residents created a unique look at life resulting in an exhibition in Newport Library.

Activity lounge

Pool table, cooking, - meet new people and learn new skills.

