

## who are we?

Solas-Cymru provides a wide range of services to anyone experiencing issues that impact upon their life. We offer accommodation; specialist support; quality advice; training; employment and education personal to the individual.

**We aim to help people get to where they want to be in life.**



## how do I access the scheme?

We accept referrals from a variety of agencies including drug and alcohol services, criminal justice, mental health and housing services.

**For further information about Clarence Place please contact:**

24 Clarence Place  
Newport  
NP19 0AE  
Tel: 01633 763527

**solas**  
believing in people

For further information about solas please visit our website:  
[www.solas-cymru.co.uk](http://www.solas-cymru.co.uk)

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believing in people

**Clarence Place**

Housing  
and Support

## what is Clarence Place?

Supported housing for 26 people aged over 18 at our accommodation scheme and "move on" properties in Newport.

## what support do we provide?

Our support workers are able to offer you support which might include:

- A resettlement package - helping you move into the community
- Positive changes to drug and alcohol use
- Support with mental health challenges
- Building confidence and self esteem
- Budgeting, benefits and money advice
- Setting up and organising your daily routine
- Dealing with relationships
- Support to attend meetings
- Individual and group activities
- Help and advice on education, training and employment
- Support to link in with other agencies

## what else can you expect from living at Clarence Place?

### Compass:

Access to in-house education, training and volunteering. Gain employment skills or move on to other opportunities.

### Psychology Service:

Headed by Dr Rick Budd who has over 20 years experience

- Recovery based model
- Integrated approach with mental health services

### Workshops include:

Safer relationships, drug and alcohol awareness, budgeting and money management.

### Rewards include:

Bowling, Monkey World, St Fagans, go carting and lots more.

### Have a voice:

Get involved in running Clarence Place and Solas. Maybe you will join the residents board or write a newsletter?

## amazing experiences

### Street Football Wales

A chance to play and train with professional coaches as part of the Solas Dragons Team. You may even get to the Homeless World Cup!

### Catering and IT

We provide a variety of courses with recognised qualifications.

### Keep Wales Tidy

Take pride in where you live and develop your confidence working alongside the community.

### Blaen Bran Woodland Project

Get involved in developing a beautiful area of Blaen Bran.

